

From '**Beginning**' **Gen.1:1; 2:2,3**

**Spoken** by Yahuah **Ex.20:1**

**Written by finger of Yahuah Deu.9:10**

The **Seventh/Sabbath Day (7 x's)** **Ex.20:8-11**

**Blessed for ever** **1 Chr.17:27**

Will **NOT Break NOR Alter Ps.89:34**

Gen.1:1; **IN beginning/Yahuah/created...**

Gen.2:2 And on the **seventh day** Yahuah **ended** his work which he had made; and he **rested** on the **seventh day** from all his work which he had made.

Gen.2:3 And Yahuah **blessed** the **seventh day**, and **sanctified** it: because that in it he had rested from all his work which Yahuah **created** and **made**.

**Q. Who made? A. Yahuah**

**2**

**Ex.20:1** And Yahuah **spake** all these words, **saying...**

Ex.20:8 **Remember** the **sabbath**<sup>1</sup> day, **to keep** it holy.

Ex.20:9 Six days shalt thou labour, and do all thy work:

Ex.20:10; But the **seventh**<sup>2</sup> **day** *is* the **sabbath**<sup>3</sup> of Yahuah thy Aluahim: *in it* thou shalt not do any work... *thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates...* For *in* **six days** Yahuah made heaven and earth, the sea, and all that in them *is*, and **rested the seventh**<sup>4</sup> **day**: wherefore Yahuah **blessed** the **sabbath**<sup>5</sup> day, and **hallowed** it.

Ex.20:11 For *in* six days **Yahuah**<sup>1</sup> made heaven and earth, the sea, and all that in them *is*, and **rested** the **seventh**<sup>6</sup> day: wherefore **Yahuah** **blessed** the **sabbath**<sup>7</sup> day, and **hallowed** it.

**Q. Do What? A. Remember** Sabbath day/ **keep** Holy/**no** work

**Deu.9:10** And **Yahuah** delivered unto me **two tables of stone written with the finger of Yahuah**; and on them *was written according to all the words*, which **Yahuah spake** with you in the mount out of the midst of the fire in the day of the assembly.

**NOTE:** Tables/writ-finger? **Yahuah**.

**1Chr.17:27** Now therefore let it please thee to bless the house of thy servant, that it may be before thee for ever: for thou blessest, O **Yahuah**, and *it shall be **blessed forever***.

**Ps.89:34** My **covenant** will I **not break, nor alter** the thing that is **gone out of my lips**.

**Q. What comes out of lips? A. Words – Spoken!**

**Mt.5:17** **Think not** that I am come to **destroy** the law (**Torah**), or the **prophets**: I am not come to destroy, but to **fulfil**. (**Keep as INTENDED**)

**Mt.5:18** For verily I say unto you, **Till** heaven and earth **pass**, one jot or one tittle shall in **no wise pass** from the law (**Torah**), **till ALL** be **fulfilled**.

**Mt.5:19** **Whosoever** therefore shall **break one** of these least **commandments**, and shall **teach** men so, he shall be **called** the least in the kingdom of heaven: **but whosoever shall do and teach *them***, the same shall be called great in the kingdom of heaven.

**Lk.16:17** And it is **easier** for heaven and earth to **pass**, than one tittle of the law (Torah) to fail.

**Q. Did Yahushua keep Sabbath?**

**Lk.4:16** And **he** came to Nazareth, where he had been brought up: and, as his **custom was**, he went into the synagogue **on the sabbath day**, and stood up for to read.

**Jn.9:1** And as **Yahushua** passed by, he saw a man which was blind from *his* birth.

**Jn.9:14** And it was the sabbath day when **Yahushua** made the clay, and opened his eyes.

**Q. What Day?** Yahushua/**custom**/Sabbath

**Q. Did the women disciples keep Sabbath?**

**Mk.16:1** And when the **sabbath was past**, **Mary** Magdalene, and **Mary** the *mother* of James, and **Salome**, had **bought** sweet **spices**, that they might come and anoint him.

**Mk.16:2** And **very early in the morning / the first** of the **week**, they came unto the sepulchre at the **rising** of the **sun**.

**Q. Did the disciples keep Sabbath?**

**Acts 17:2**; And **Paul**, as his **manner** was, went in unto them, and **three sabbath days** reasoned with them out of the scriptures,

**Acts 13:13** Now when **Paul** and his company loosed from Paphos...  
**14** But when they departed from Perga, they came to **Antioch** in Pisidia, and went into the **synagogue** on the **sabbath day**, and sat down.

**Acts 16:13** And on the **sabbath** we went out of the city by a river side, where **prayer** was wont to be made; and we sat down, and spake unto the women which resorted *thither*.

**Acts 18:4** And he reasoned in the **synagogue every sabbath**, and persuaded the Jews and the Greeks.

### 35 Facts

1. Elohim **rested** the 7<sup>th</sup> day after spending the 1<sup>st</sup> six days creating the earth. Gen.2:1-3
2. The Creator **BLESSED** the 7<sup>th</sup> day. Gen.2:3
3. He **sanctified** (made Holy) the 7<sup>th</sup> day. Gen.2:3, Ex.20:11
4. He made the 7<sup>th</sup> day the SABBATH IN the Garden of Eden. Gen.2:1-3
5. Elohim made the Sabbath **BEFORE** sin entered the world. Therefore the Sabbath was intended for ALL human beings - not just Jews. Yahushua said, 'The Sabbath was made for mankind.' Mark 2:27
6. The Scripture **NEVER** refers to the Sabbath as the Jewish Sabbath. Instead it calls it the Sabbath of Yahuah! Ex.20:10
7. The 7<sup>th</sup> day Sabbath is the **memorial of creation**. Every time we rest on the 7<sup>th</sup> day as Elohim did on creation we COMMEMORATE the Creation and Elohim's creative power. Ex.20:11; Ex.31:17
8. The Sabbath was part of Elohim's law (Torah) **BEFORE** Moses received the 10 Commandments at Mt. Sinai. Ex.16:4,5,22-30.
9. Elohim placed the 7<sup>th</sup> day Sabbath in the **HEART** of His 10 Commandments. The Sabbath Commandment is as important and binding upon believer's as ANY of the other 9 Commandments. Ex.20:1-17
10. Elohim commanded the observance of the 7<sup>th</sup> day Sabbath with his own voice, **SPEAKING** from heaven. Deut.4:12,13
11. Elohim **wrote** the 7<sup>th</sup> day Commandment on Tables of Stone with his own finger. Ex.31:18
12. The 10 Commandments, including the 7<sup>th</sup> day Sabbath Commandment, were sacredly **preserved** in the Ark within the Most Holy Place of Elohim's sanctuary. Deut.10:1-5
13. Elohim **required** CAREFUL Observance to his 7<sup>th</sup> day Sabbath Commandment, insisting that we REST on the Sabbath even if urgent work is waiting. Ex.34:21
14. **Disobedience** to the Sabbath Commandment **resulted in death** for Elohim's people - the Israelites during their wilderness wanderings. Ex.20:12,13
15. Elohim says that obedience to his 7<sup>th</sup> day Sabbath is a **sign** that we **recongize** him as our Elohim. Ex.31:13, Eze.20:20

16. Elohim says that the 7<sup>th</sup> day Sabbath is a **sign** that he **saves** us and **makes** us Holy. Ex.31:12,13
17. Elohim promised that Jerusalem would stand forever **if** his people were FAITHFUL in observing his Sabbath. Jer.17:24,25
18. Elohim people suffered **captivity** in Babylon because they **failed** to **keep** Elohim's Sabbath Holy. Neh.13:17,18
19. Jerusalem was **destroyed** because Elohim's people **failed to keep** his Sabbath Holy. Jer.17:27
20. Elohim pronounces as **SPECIAL BLESSING** on Gentiles - non-Jews - who keep his Sabbath Holy. Isa.56:6,7
21. Elohim promises to **BLESS ANYONE** who keeps the 7<sup>th</sup> day Sabbath Holy. Isa.56:2
22. Elohim calls upon us to **CONSIDER** the Sabbath a '**Delight**' and '**Honorable**' and promises to bless us if we do so. Isa.58:13,14
23. **YaHuShua kept** the 7<sup>th</sup> day Sabbath as he lived as a man upon this earth. Luke 4:16, John 15:10
24. The 7<sup>th</sup> day Sabbath is **YaHuah's day**; it BELONGS to him. Mark 2:28, Ex.20:10, Isa.58:13, Rev.1:10
25. YaHuShua says, that he is **Sovereign** (Master) of the Sabbath. Mark 2:28
26. Yahushua **DEFENDED** the Sabbath as a merciful institution designed for the well-being of ALL HUMANITY, Mark 2:23-28
27. YaHuShua did **NOT ABOLISH** the Sabbath; instead he carefully taught how we should OBSERVE IT. Matt.12:1-13
28. YaHuShua explicitly **denied that he had come to DO AWAY** with the law (Torah) - including the Sabbath Commandment. Matt.5:17-19
29. YaHuShua taught that we should **DO GOOD** on the Sabbath. Matt.12:12
30. YaHuShua told his disciples that they should continue to consider the Sabbath to be important at the time Jerusalem would be destroyed - an event that took place some 40 years AFTER his death and resurrection. Matt.24:15-20
31. The women who had been followers of YaHuShua during his life here on earth **carefully KEPT** the 7<sup>th</sup> day Sabbath following his death. Luke 23:55,56

**32.**(omitted)

33.The Apostle Paul **KEPT** the 7<sup>th</sup> day Sabbath following YaHuShua's death and resurrection. Acts 13:14,42-44; 16:13; 18:4

34.It was Paul's custom or habit to **WORSHIP** on the 7<sup>th</sup> day Sabbath. Acts 17:2-3

35.The Sabbath **IS** to be **KEPT HOLY** in heaven throughout eternity. Isa.66:22,23

### **9 Scriptures about the 1<sup>st</sup> day of the week**

*Does the Scripture record a change of the Sabbath from the 7<sup>th</sup> day of the week to the first? Did the Apostle's keep Sunday? Are believer's commanded to keep Sunday Holy this side of the resurrection?*

*Actually, Scripture has very little to say about the first day of the week (the word Sunday doesn't appear as such in Scripture).*

*Here are 9 Scripture facts about the first day of the week.*

1.The first thing recorded in Scripture about the first day of the week is that it is a day on which work was done - Elohim's work of creation began on the first day of the week. Gen.1:1-5 Nothing sets the first day apart from the other working days of creation week.

2.Elohim **COMMANDS** his people to work on the first day of the week as part of the six ordinary working days. Ex.20:8-11

3.Elohim specifically refers to the six working days of the week - which includes the first day - as distinct from his Holy Sabbath day. Eze.46:1

4.There is **NO RECORD ANYWHERE** in Scripture that Elohim ever blessed the first day of the week or made it Holy.

5.There is **NO RECORD ANYWHERE** in Scripture that any of the Patriarchs, Prophets, Apostle's or ANY of Elohim's people EVER considered the first day of the week as Elohim's Sabbath or kept it Holy.

6.There is **NO COMMAND** from Elohim **ANYWHERE** in Scripture to keep holy the first day of the week.

7.Scripture is completely **SILENT** about **ANY CHANGE** of Elohim's Holy Sabbath from the 7<sup>th</sup> day of the week to the first. (**Dan.7:25**; Isa.14:12-14)

**Isa 14:12** How art thou fallen from heaven, O Lucifer, son of the morning!  
*how* art thou cut down to the ground, which didst weaken the nations!

**Isa 14:13** For thou hast said in thine heart, **I will ascend into heaven, I will exalt my throne above the stars of Elohim: I will sit also upon the mount of the congregation, in the sides of the north:**

**Isa 14:14** **I will ascend above the heights of the clouds; I will be like the most High.**

**Eze 28:12** Son of man, take up a lamentation upon the king of Tyrus, and say unto him, Thus saith the Lord GOD; Thou sealest up the sum, full of wisdom, and perfect in beauty.

**Eze 28:13** Thou hast been in Eden the garden of God; every precious stone *was* thy covering, the sardius, topaz, and the diamond, the beryl, the onyx, and the jasper, the sapphire, the emerald, and the carbuncle, and gold: the workmanship of thy tabrets and of thy pipes was prepared in thee in the day that thou wast created.

**Eze 28:14** Thou *art* the anointed cherub that covereth; and I have set thee *so*: thou wast upon the holy mountain of God; thou hast walked up and down in the midst of the stones of fire.

**Eze 28:15** Thou *wast* perfect in thy ways from the day that thou wast created, till iniquity was found in thee.

**Eze 28:16** By the multitude of thy merchandise they have filled the midst of thee with violence, and thou hast sinned: therefore I will cast thee as profane out of the mountain of God: and I will destroy thee, O covering cherub, from the midst of the stones of fire.

**Eze 28:17** Thine heart was lifted up because of thy beauty, thou hast corrupted thy wisdom by reason of thy brightness: I will cast thee to the ground, I will lay thee before kings, that they may behold thee.

**Dan 7:25** And he shall speak *great* words against the most High, and shall wear out the saints of the most High, and think to change times and laws: and they shall be given into his hand until a time and times and the dividing of time.

**Jer 16:19** O LORD, my strength, and my fortress, and my refuge in the day of affliction, the Gentiles shall come unto thee from the ends of the earth, and shall say, Surely our fathers have inherited lies, vanity, and *things* wherein *there is* no profit.

8. Scripture records one instance in which believer's gathered to '**break bread**' and to hear Paul preach on the first day of the week.

**Acts 20:7**

It also records that the early believer's came together **EVERY DAY** to **break bread** together and to Praise Elohim. **Acts 2:46,47**

**NOTHING** about the meeting in **Acts 20** indicates that these believer's considered the first day of the week to be Holy or that Elohim changed the Sabbath from the 7<sup>th</sup> day of the week to the first.

9. Paul counseled the Corinthian believer's to set aside some money on the first day of each week and save it up. **1 Cor.16:2** So that he would not have to take up a collection when he arrived.

Some have argued that this text proves that the Corinthian believer's were worshipping on the first day of the week and taking up an offering at there meetings. But the text is clearly talking about setting aside money each week that Paul will collect when he comes; it says **NOTHING** about a worship service on the first day of the week.

**Heb 9:16** For where a testament *is*, there must also of necessity be the death of the testator.

**Heb 9:17** For a testament *is* of force after men are dead: otherwise it is of no strength at all while the testator liveth.